



Alchemy Sacred Feminine Activation

*a Heroine's Journey of clearing, balancing & activating the 7 Energy Centres
through Embodied Devotions and the guidance of 7 Sacred Feminine Archetypes*



Hello, I am Isa Ka Ra



I am the creatrix of the Alchemy Movement - Sacred Feminine Shamanic Portal & The Alchemy Sacred Feminine Activation Course, as well as a certified Shamanic Energy Medicine Practitioner, a graduate of The Four Winds, trained in various other ancient healing methods, including being a Channel and initiated Oracle for the Isis Soul Collective and Rose Lineage Priestess lines.

My core focus is assisting my clients in reawakening the Sacred Feminine to walk the path of The Beauty Way and access your journey of Inner Alchemy and transformation.

More than that, I am a mother and a wife, a seeker with a deep and relentless thirst for understanding and reawakening our Sacred Feminine lineages and activating the Collective Feminine Wisdom Body to access the rites and teachings that we have lost or forgotten.





Alchemy

Sacred Feminine Activation

A Heroine's Journey of clearing, balancing & activating the
7 Energy Centres through Embodied Devotions
and the guidance of 7 Sacred Feminine Archetypes

The Journey

We begin in our Root Sphere under the guidance of the *Wild Woman*, she grounds us and helps us to rebuild our foundation, to root us deeply into ourselves and the Earth.

From here, we flow with the *Creatrix Muse* through our centre of birth and creativity, the Sacral Sphere reawakens our sensuality and Womb Wisdom.

Next, we awaken the *Warrior Woman* within, lighting our Solar Sphere fires and reclaiming the freedom and power of our sovereign selves.

From the fires of our I AM we land gently in the arms of *The Mother*, learning to clear, open & activate our Heart Sphere, releasing trauma, lovingly addressing grief and inviting love into our lives.

With open Hearts, we are able to graduate into a deeper connection with our inner *Medicine Woman* accessing and embodying our Truth in the Throat Sphere.

The *Wise Woman* leads us through the sacred portals of intuition and perception in the 3rd Eye Sphere, and finally, we embark on the initiation path of the Crown Sphere as we conclude our Heroine's Journey with the awakening and remembrance of our inner *High Priestess*.

What to expect

In my experience over many years of working on the body energetically and physically, I have come to understand that certain resonant frequential states govern the energy centres. These energetic states are, in turn, reflective of certain archetypal beings and influences in the case of the female body, these are feminine archetypes, each holding a perfect vibratory state to align, clear and balance each of the energy centres (chakras).

By connecting and calling on these Goddesses or Sacred Feminine embodied beings, we can access their energetic signatures and reflect them in our own field, utilising their power and medicine to heal and balance our energy centres and, by extension, our physical and energy bodies.

These core resonant frequencies are present in every woman, in each of our energy centres, when they are balanced and aligned, they vibrate a Goddess code, a Sacred Feminine song that weaves itself from us and throughout the universe, connecting us to one another and to the Divine.

The archetypal vessels of Sacred Feminine energy that we call upon in each energy centre resonate the highest tonal clarity for the centre. In seeking to access their vibration, we may access, activate and reflect that tone within ourselves, and as it does so in you, you activate it in others. Together we remember the power in ourselves and one another.

We become a collective of women woven together by the clarity of our tonal vibration through the activation and reflection of the Sacred Feminine present within every one of our energy centres and held within the sacredness of our very being.

So I encourage that when you embark on this journey, do so with a truly open heart and mind, open yourself to the experience of these Sacred Feminine embodied beings working on you, even if it is beyond your realm of experience or imagination, open yourself to the understanding and expansion that not all things in this world can be seen by your two eyes or distilled and categorised through our over masculinised analytical and allopathic structures, open yourself to being worked on, connected to and engaged with on a deeper, subtler level, on a sacred level that may be beyond your realms of experience or understanding.





The Process

As we work through the Embodied Devotions of each Sphere, we identify energetic, emotional, and mental patterns and beliefs that limit your authentic expression of self.

The practice of daily embodied devotion asks you to show up in new ways that match your inner truth and allow you to recall and move deeper into your power.

Through these consistent practices, you reprogram, unravel and release energetic, emotional, mental and physical programming that no longer serves you.

As you commit to your Embodied Devotions, creating a consistent awareness of your energetic state, you will feel the spaciousness, joy, and momentum that comes with being in alignment with your true self and, from this alignment, your ability to connect with your own guidance system.

This deep and intensive journey will ask you to commit to daily practises and deep shadow work - releasing beliefs and wounds that no longer serve you.

You will commit to daily meditation to engage with the Sacred Feminine archetypes as well as practices to balance, clear and activate the energy centre we are working on.

The accompanying practises in your workbooks will aid in understanding and releasing old patterns and identifying core wounds.

Through these practices, you learn to reprogram your subconscious by creating new energetic states that align with the truth of your being. These new states will move you into a life aligned with your soul's purpose.

You will learn to listen to your Sacred Feminine energy and guides so you can be intimately attuned with your inner world and trust how you are being called to move in alignment with your Sovereign Sacred Self.

As a self-employed mother with a very full life, I have been conscious that the practices and processes of this journey need to be able to fit into my daily schedule, the journey was created and is practised by me, so I know it is possible and sustainable for those of us who have full lives and many commitments other than ourselves.

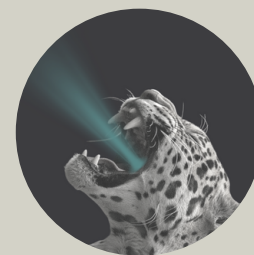
Why invest in this Journey

- Uncover the state of your energetic body and assess how you can bring it more into alignment and balance. This alignment manifests physically, mentally, spiritually and emotionally.
- Identify core wounds, patterns of behaviour and beliefs that perpetuate aspects and influences in your life that no longer serve you.
- Connect and gain access to the Sacred Feminine guidance and your own Spirit Guides to assist you in walking a path of transformation and Energetic Alchemy, aligning you with your true calling and developing unwavering deep trust within yourself and your guidance.

Once we begin to access an understanding of our energetic and frequential states and gain greater control over these states by clearing stagnant energy and realigning the energy body, we create an access point to our infinite potential.

Having support from someone immersed in this journey creates space for you to centre and ground yourself in your own unique form of alchemy and continue to grow in your power and presence.

This is a Heroine's Journey of self-remembering, of rediscovering your innate power to bring balance and create alchemy in your life, but it takes courage and commitment, if you are ready - The Sacred Feminine is waiting!



The Journey Option 1

You will receive the following:

2 private sessions per Sphere

14 sessions in total

Private sessions are available in person or remotely.

The private journey allows you to begin the 14-week process will be open from the 4th of June 2023

Costs for the Private Journey 1:

Monthly Plan - R3800 or €195 per month x4

Full payment - R15200 or €777

- You receive 21 hours in sessions
- unlimited guidance questions
- All workbooks
- All Meditation Recordings
- Access to group gatherings

The contribution commitment is made for the full 7 spheres of the journey.

The Private Journey 1 is available at any time, although spaces are limited as I only work with 7 women at a time - if you would like to join, click [HERE](#)

The Journey Option 2

You will receive:

1 private session per Sphere

7 sessions in total.

Private sessions are available in person or remotely.

The private journey allows you to begin the 14-week process will be open from the 4th of June 2023

Costs for the Private Journey 2:

Monthly plan - R1925 or €100 Per month x4

Payment in full - R7700 or €400

- You receive 10.5 hours in sessions
- Unlimited guidance questions
- All workbooks
- All Meditation Recordings
- Access to group gatherings

The contribution commitment is made for the full 7 spheres of the journey.

The Private Journey 2 is available at any time, although spaces are limited as I only work with 7 women at a time - if you would like to join, click [HERE](#)

Please note that I only work with a limited number of clients through this journey at any time, if you feel called, click [HERE](#) to book your assessment call.

What others are saying about this course



Louise Addis

My life has been split into two halves, my life before the Alchemy Sacred Feminine Activation and my life after. It has been a deep and powerful journey, one that continues. I have found the space I want to create my life from, the space of being in love with all that I am. My eternal gratitude to Isa for lovingly and with great strength holding the container for learning, growth and love.

Her guidance, connection and wisdom will be with me always.

Jenny Stephen

I met Isa in 2018 and was drawn to her innate wisdom at the time I knew that I needed to do something with her, although at the time it was not clear.

During lockdown Isa offered free daily meditations " From Isolation to Insulation " this had a profound effect on me as I learnt to meditate and gain some insight into a place that I had known before but had lost.

Isa then offered the Alchemy Sacred Feminine Activation (Goddess Energy Course), an in-depth exploration of our energy centres and ourselves. I had not spent time with myself at this level for many years and had lost connection with who I really was.

I am different today compared to when I started the course and I am happy with who I am remembering and becoming. I feel that I have stepped into the path I need to be on and there is so much to learn but also so much I have to share.

The course was created and shared with great wisdom love and compassion.

I am grateful that I started this journey with Isa, I know that I as continue in the process of my embodiment, I will continue to tap into her guidance, wisdom and strength."



Stella Douglas

Taking part in a ceremony, course or healing session with Isa literally has the potential to change your life. She is a gifted, thorough and profound healing Master, whose integrity and genuine desire to help me bring myself to wholeness is an honour and a privilege to witness and participate in. To say she is highly recommend is somewhat of an understatement.



Sky Jalita De Waal

A life-changing experience - If you have the chance to work with her just do it!

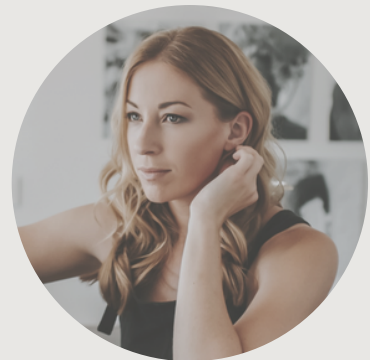
I had the privilege and chance to work with Isa last year in her Alchemy Sacred Feminine Activation. This is the best thing I have ever done for myself in my life. Over a number of months, we went deep into unravelling parts remembering aspects of the divine feminine and forgotten parts that were longing to see the daylight again.

Sitting with things I never had taken time for previously in my life. It has been a truly life-changing experience and I enjoyed every moment of it. Isa is one of those very special and beautiful people who hold strong energy with grace and softness, she is highly experienced and knowledgeable in life and many healing modalities. As her client, you feel held, heard, and at home. If you have the chance to work with her, just do it, and your future self will thank you.

Lauren Rozwadowski

I met Isa at a time in my life when it felt like the rug had been pulled out from underneath me. Working with her through the Alchemy Sacred Feminine Activation Journey was transformational, grounding and brought me back to myself when I needed it the most. Diving into each sphere in turn and working with the powerful meditations and embodiment activations was eye-opening, confronting at times and a much needed process of "unravelling" and reconnecting back to myself.

Isa is the perfect guide - especially for someone like me who is used to being very logical and in my head and is new to this embodiment work. I highly recommend working with Isa and exploring all of the offers she has. I know I will be working with her for years to come."



For More Testimonials Click [HERE](#)