



Alchemy / Through the Medicine Wheel

A BEAUTY WAY JOURNEY
THROUGH THE
MEDICINE WHEEL
exploring the 7 directions
and how to apply this
ancient medicine to our
modern lives. //

The/ Journey

On this journey, we will be exploring firstly the horizontal axis of the medicine wheel consisting of the 4 directions beginning in the South, West, North and East, we then graduate to the vertical axis working through the lower, middle and upper worlds.

The journey through the 7 directions is navigated through the Archetypes, Prayers, Embodiments, Practices and Rites associated with each direction.

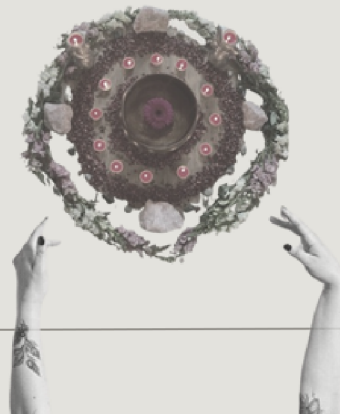
The purpose is to engage not only our physical senses and awareness but to drop into a deeper state of Spirit awareness, to witness our interconnectedness and connect with a deep remembering of the Beauty Way and the Sacred Feminine Lineages that bind us. A journey to clear the collective feminine pain body and reawaken and activate a deep connection to the Feminine Wisdom Body. As we work through each of the directions you will receive sessions of Shamanic Energy Medicine to assist in integrating the work as well as receiving the Rites aligned with each direction, the Practices will form part of your "homework" these Practices over time become a toolkit that you can access and utilise for the rest of your life as you walk this spiral medicine path over and over.

This journey as with all the work I do is non-traditional and not a direct interpretation or representation of any particular cultural or belief system - it is an amalgamation of my own experience and what I found over the years to be most resonant and effective for me - I share this medicine purely from that perspective. The information here comes from my physical and non-physical teachers, guides and initiations as well as my own experience and lineage memory.

That being said I deeply honour the Q'ero Lineage for the gifts of their practices and for the initiations and Rites I have received from this Lineage and that I may share some of those practices and Rites with you on this journey.

Please receive what I offer here from my Heart to yours.

In Alchemy
Isa Ka Ra



We begin in the South

We gather to open our journey and to connect to the Earth Medicine of the South. During this gathering, we will explore the Archetypes, Practices, Rites and Embodiments of the South.

You will receive the Beauty Way Activation - 7 Rose Rite as well as learn the tools and practices of

- Decoupling
- Opening the Viracocha
- Illumination

We explore the embodiments of

- Non-Judgment
- Non-Attachment
- Non-Suffering
- Embody the Beauty Way



In our private session, we will work by applying the tools, practices and embodiments of the South and tracking through the physical and energy body to assist in bringing balance and clearing dense energy and contracts that are not of service to your wellbeing.

Awakening the West

We gather to explore the medicine of the West through connecting with the sacred waters around and within us and learning to track deeper through our emotional body as we explore The Archetypes, Practices, Tools and Rites of the West here you will receive The Rite of the Womb and learn the

tools and practices of

- Creating and using Spirit Water
- Space Clearing
- Cord Cutting

We explore the embodiments of

- Fearlessness
- Non-Doing
- Certainty
- Non-Engagement

In our private session, we will work with cord cutting assisting in the renegotiation of contracts held between people and ancestors as well as applying the tools, practices and embodiments of the West.



Journey of the North

We gather to explore the medicine of the North through the transformative power of fire, here we connect with the great Teacher Lines to open our Beginners Heart and receive the Wisdom of Siwar Qinti and Mama Elephant.

In the North, you will receive the Bands of Protection Rite and learn the practice of

- Despacho / Prayer bundle

We explore the embodiments of

- Embody the Beginners Heart
- Embody living consequently
- Embody the art of transparency
- Embody Integrity

In our private session, we will work through the tools of recapitulation and soul retrieval, this is the medicine path back to our true selves, the path of remembering and reactivating our connection to our ancestral and lineage knowledge.



Turning to the East

We journey through the medicine of Mama Eagle Condor connecting with the medicine of Air and our Spirit/Energy body.

On our journey through the East you will receive the Seers Rite as well as learn the tools and practices of

- Sandpainting

We explore the embodiments of

- Mastering Time
- Owning our Projections
- No Mind
- Alchemy

In our private session, we will work to further clear density from the luminous energy field and activate the Seers Rite to open our Heart Eye connecting us with our Oracle Lineages.



*The Vertical Axis/ Lower, Middle & Upper World**

For our closing ceremony, we gather to explore the medicine of the Lower, Middle and Upper Worlds,

connecting with the Archetypes, Practices, Tools and Rites of the three worlds or wombs, here you will receive Rose Lineage Activation Rite and activate the medicine of the Earth Womb, Human Womb and Cosmic Womb by utilising the practices of

- Soul Retrieval
- Embodied Prayer
- Rose Lineage Activation

In the Lowerworld we explore the embodiments of

- Wisdom Retrieval
- Death & Rebirth
- Ancestral Healing

In the Middleworld we explore the embodiments of

- Sacred Union
- Radiance
- Manifestation

In the Upperworld we explore the embodiments of

- Prophecy
- Life Purpose
- Teachers



In our private session, We will explore this more energetic descent and ascent through the medicine wheel and how to call in access & awareness of the vertical axis and three worlds, we will also continue integrating the medicine and wisdom gained during the conscious journey through the medicine wheel

The Group Option

The group journey consists of:

1 group gathering and 1 private session weekly, over the 5 weeks of the course.

The group gatherings will be held in Plettenberg Bay and available via Zoom - private sessions are available in person or remotely.

You will receive the accompanying Alchemy through the Medicine Wheel workbook in PDF form.

Dates for the 2023 Group Journey will be announced soon, please click [HERE](#) if you would like to join the waitlist.

Costs for the Group Journey Option 1 with private sessions:

Payment in full - R7700 €440

Payment plans are available.

You receive 5 private sessions and 5 gatherings / all written materials via pdf + unlimited guidance questions / All Meditation Recordings

The group journey is open for 6 participants so please book if you feel called.

The Private Option

Costs for the Private Journey:

Full payment - R9900 or €550
Payment plans are available.

You receive 10 private sessions, 5 allocated to receiving the Rites & Practices and 5 Shamanic Energy Medicine sessions / unlimited guidance questions / All Meditation Recordings / Access to group gatherings

The private journey is available at any time, although spaces are limited.

The private journey allows for more time to complete the course, this option runs over a maximum of 5 months.

You will receive:
10 private sessions, available in person or remotely.

The Alchemy through the Medicine Wheel workbook in PDF form and all guided meditations.

Access to any Group Gatherings whilst you are on the journey.

Please note that I only work with a limited number of clients through this journey at any time, if you feel called, please book your assessment call [HERE](#)